

'Centering and Settling into the Silence' with Quaker Children (Ages 7 – 12)



“Friends in Meeting for Worship sinking down into the God Stream, where they meet each other.”

--- Child in Class



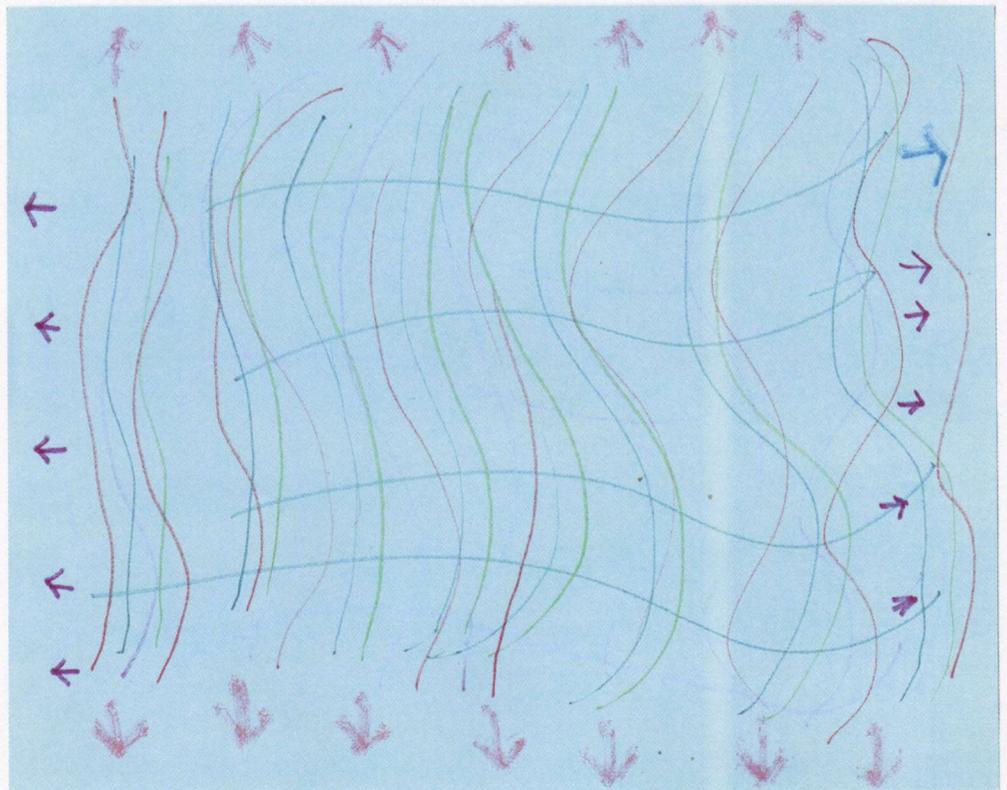
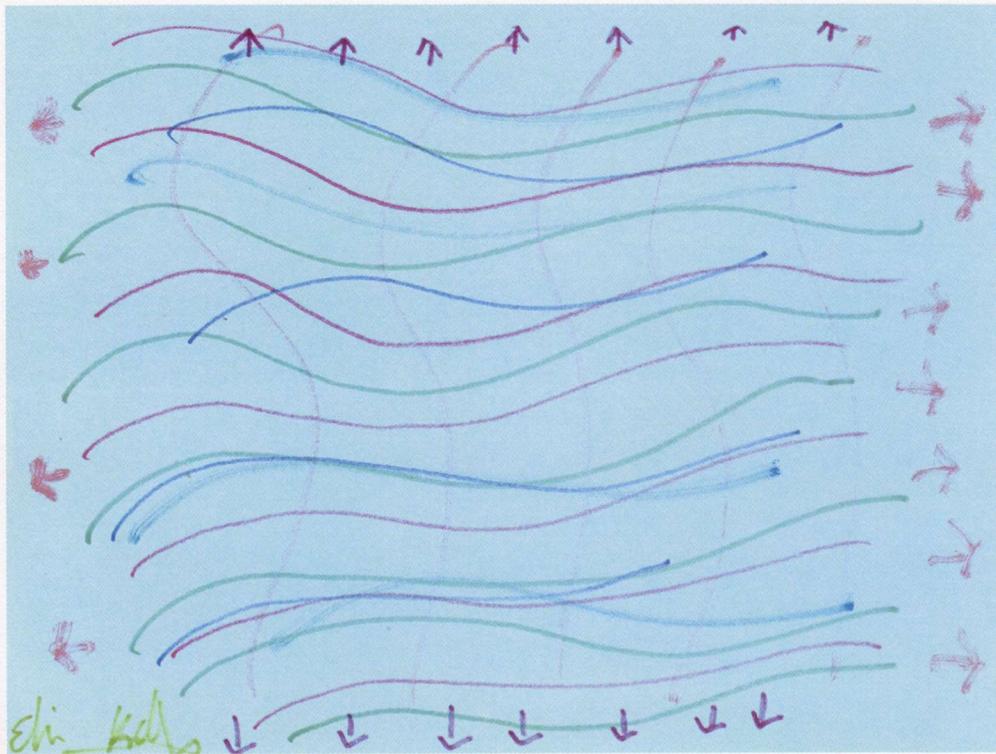
“Just a random picture of what I see when I close my eyes.”

Nicole – age 9



“They all talk to me when I close my eyes

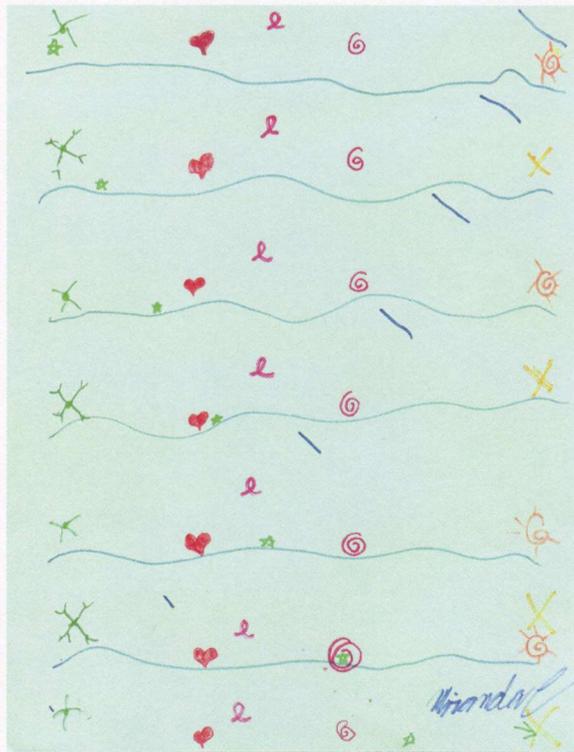
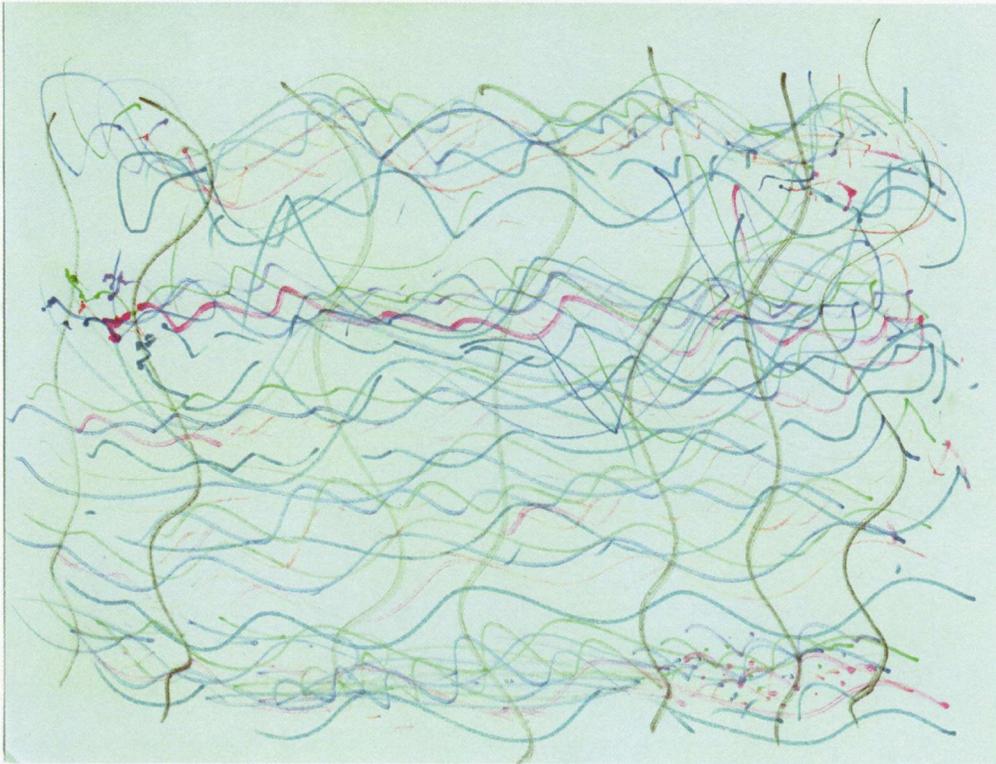
Olivia – age 9



“The red and green lines represent excitement. The blue lines have a calming effect. These lines lead to the other side into the God Stream. There it is calm, but there’s the excitement of a message or leaving the God Stream.”

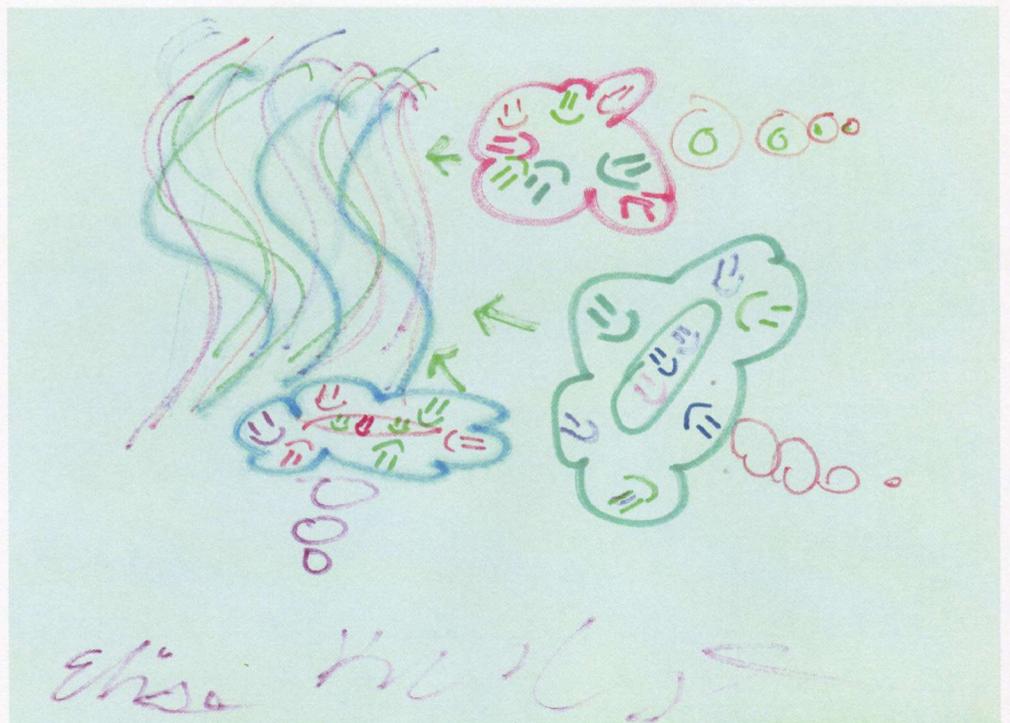
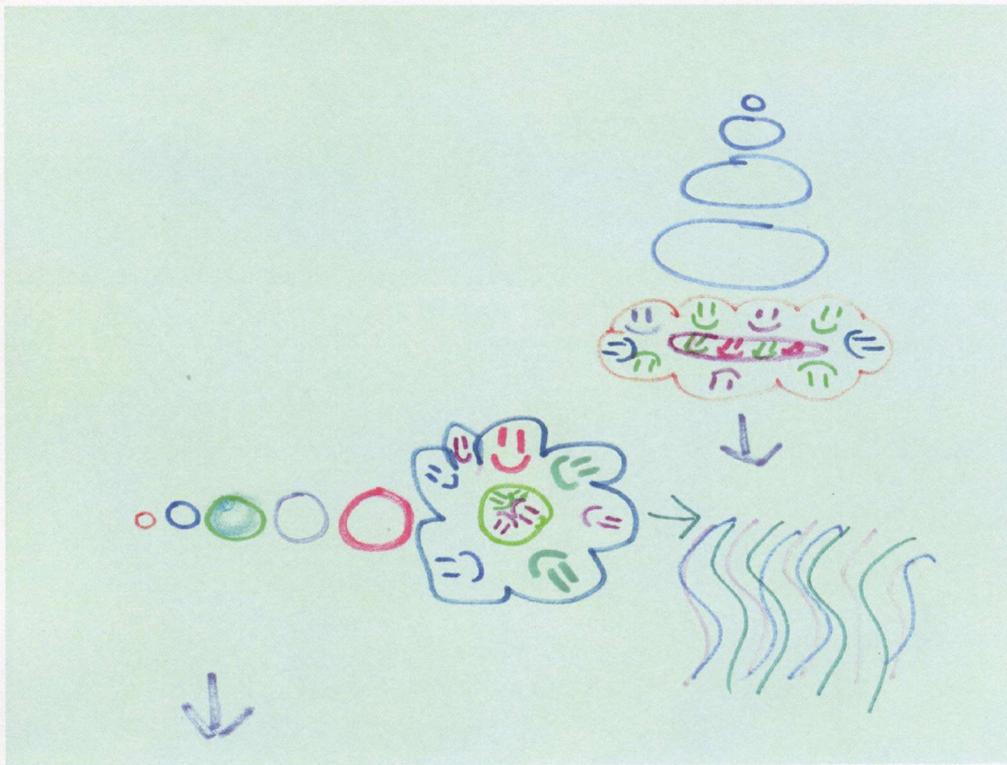
Elise – age 11

“Pre-settled brain activity. A mess!”



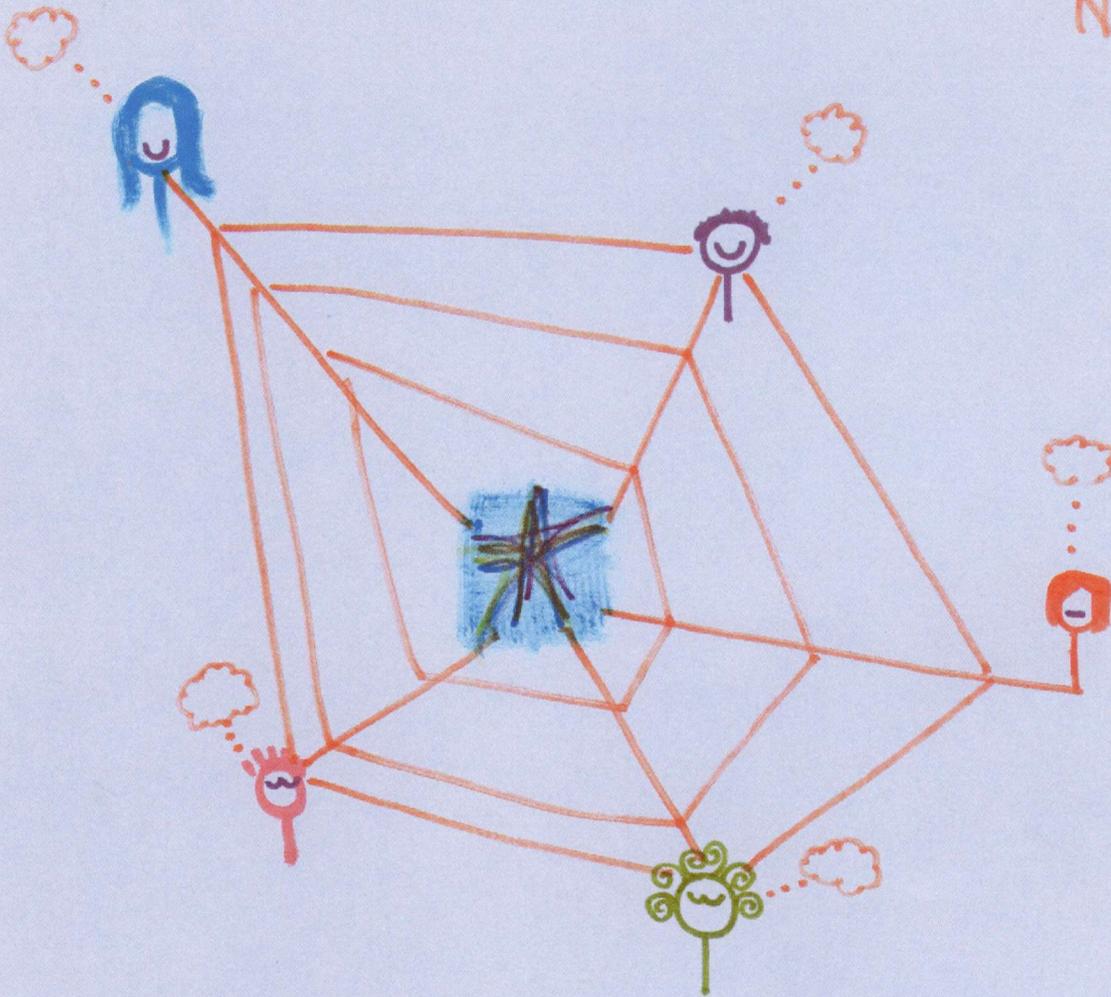
“This side is the God Stream. The sunbursts are the brightness in life. The stars are special. The snow adds twinkle. The stripes – bored. Hearts show love between all. Loops excitement. Spirals – going to the center.”

Miranda – age 11



“Communities. People around the world settling into the Stream together.”

Nora Baker ★



“The people in the corners are happy, thoughtful, and meaningful. They are connected to each other and to the center.”

Nora – age 12